



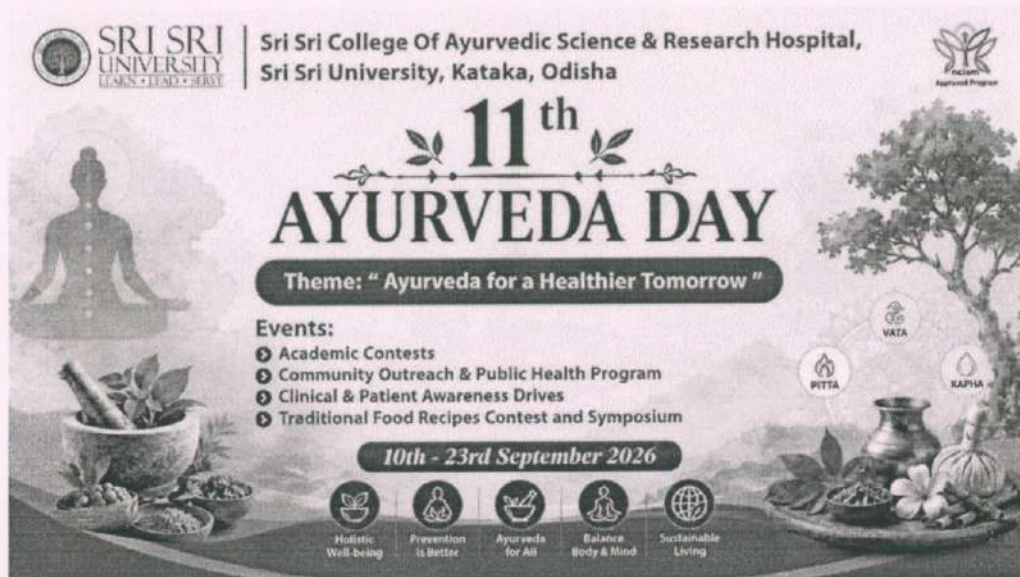
SRI SRI COLLEGE OF AYURVEDIC SCIENCE AND RESEARCH HOSPITAL, KATAKA, ODISHA

11TH AYURVEDA DAY CELEBRATIONS

- **Name of the organization:** SRI SRI COLLEGE OF AYURVEDIC SCIENCE AND RESEARCH HOSPITAL, KATAKA, ODISHA
- **Brief report on the celebration of Ayurveda Day:**
11th Ayurveda day celebration with theme: “Ayurveda for a Healthier Tomorrow”

Sri Sri College of Ayurvedic Science and Research Hospital (SSCASRH), Sri Sri University, Cuttack, Odisha, organized a series of activities to celebrate the 11th Ayurveda Day 2026 under the theme “Ayurveda for a Healthier Tomorrow.” The celebration ran from 10th to 23rd September 2026, aiming to raise awareness of the importance of Ayurveda, promote preventive healthcare, and encourage healthy lifestyle practices among students, faculty members and the community.

The programme was designed to integrate the traditional wisdom of Ayurveda with modern healthcare practices, focusing on preventive healthcare, natural healing, community well-being and sustainable living.



Objectives

- To promote awareness of Ayurveda and its relevance in modern healthcare.
- To encourage healthy lifestyle practices and preventive healthcare.
- To engage students in academic and creative activities related to Ayurveda.
- To provide health education and basic healthcare services to the local community.
- To provide health education to school going children.
- To highlight the importance of sustainable living and holistic well-being.





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Activities and Key Highlights

The celebration featured a range of academic, community outreach, clinical and cultural activities.

1. Academic Activities including webinars and contests.
2. Community Outreach and Public Health Programmes
3. Clinical and Patient Awareness Drives
4. Grand Finale

- The concluding programme on 23rd September 2026 featured
 - Faculty scientific paper and clinical presentations,
 - An "Ayurveda Ahara" healthy food recipe contest, and
 - Valedictory session with prizes and distribution of certificates.

DETAILS OF ACTIVITIES ORGANIZED FOR CELEBRATION OF 11TH AYURVEDA DAY

Sl No	Activities (Seminar, workshop, class, medical camp, exhibition, competition etc.. please specify)	Chief Guest if any	No. of participants		
			Online	Offline	Total
1	11th Ayurveda Day Webinar Series (Sambhaṣa - 1) Topic: "Preventive Measures for Psychiatric Conditions" Date: Saturday, 12 September 2026 Time: 04:15 PM – 05:15 PM Mode - Online	Prof. (Dr.) Suhas Kumar Shetty – Principal and Medical Director, KLE Shri BMK Ayurveda Mahavidyalaya, Shahapur, Belagavi, Karnataka	283	250	533



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2 11th Ayurveda Day – Webinar Series, Sambhasa– 2 Topic: “Nutrition from Menarche to Menopause” Date: 16 September 2026 Time: 04:15 PM – 05:15 PM Mode - Online	Prof. (Dr.) Bharati Kumara Mangalam Professor (Senior Administrative Grade) & HOD Department of Prasutitantra and Stree Roga National Institute of Ayurveda (NIA), Government of India, Jaipur.	145 250 395

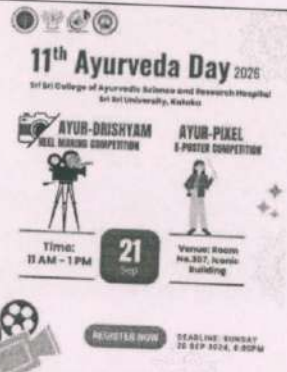


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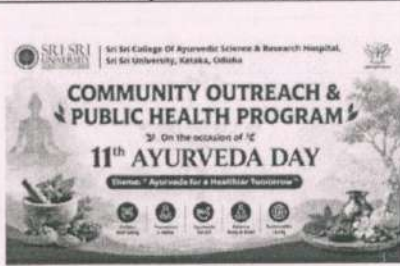
				
AYUR-MEDHA Quiz Competition 2026 Date – 18 September 2026 Time: 11:00 AM – 01:30 PM Winners: 1st Place – Team Kashyapa 🏆: Twesha Gupta, Sagarika Deka, Sharmistha Arya, and Gayatri Priyadarshini Sahu 2nd Place (Joint Winners): Team Charaka 🏆: Farina Banu, Soumyasagar Patra, Surasmita Ghosh, and Mohit Kumar Sahu Team Madhava 🏆: Khushi Joshi, Sweta Mishra, Pratyush Ashutosh, and Saniya Gangber		Offline 37		
				
11th Ayurveda Day – Webinar Series, Sambhasa-3 Topic- “Ayuryogic Way of Healthier Tomorrow” Date: 18 September 2026, Time: 3:00 PM to 4:00 PM Mode - Online	Prof. (Dr.) Kashinath Samagandi, Director, Morarji Desai National Institute of Yoga, Ministry of AYUSH, Government of India	100 250 350		

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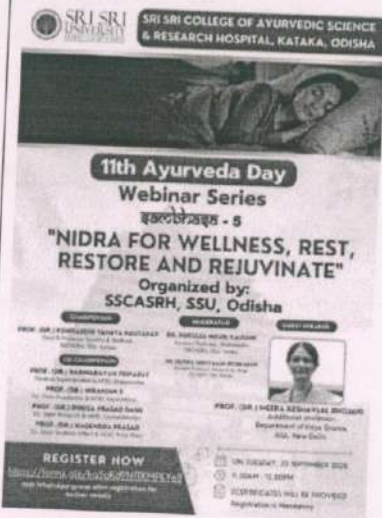
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6.	Nadi pareeksha, Eye & Women Wellness Camp Venue: Satsang Vihar, IRC Village, Bhubaneswar, Odisha Timing: 10:00 AM – 6:00 PM Date - 20/03/2026	Nadi pareeksha - Dr. Nikhil Kaushik Eye check up - Dr. Meera Panigrahi Women health checkup - Dr. Devika Srinivasan		Offline	54
					
7.	AYUR-PIXEL (E-Poster Competition) Date – 21 September 2026 Time: 11:00 AM – 12:00 PM Winners: 1 st – Adwait Sawale, Mitali Hrudananda Shethy 2 nd – Nandini Pratap Singh 3 rd – Sagarika Nachane			Offline	21
					
8.	AYUR-DRISHYAM (Reel Making Competition) Date – 21 September 2026 Time: 12:00 PM – 1:00 PM Winners: 1 st – Purva Patidar, Ananya Sahu, Rachana Thakur 2 nd – Ankit Panigrahi 3 rd – Adya Rani			Offline	21

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9.	Ayurveda Day Community Outreach Programme School Health Awareness Programme Venue: Bibudha Bihar High School, Pathapur Date: 21 September 2026	Dr. Nagendra Prasad, Professor, Kriya Shareera and Deputy Dean, Student Affairs	Offline	150	
					
10	Ayurveda Day Community Outreach Programme Nukkad natak on de-addiction Venue: Bibudha Bihar High School, Pathapur Date: 21 September 2026	Dr. Nagendra Prasad, Professor, Kriya Shareera and Deputy Dean, Student Affairs	Offline	150	
					
11	Ayurveda Day Community Outreach Programme Yoga & Lifestyle Wellness Workshop and Medicinal Plant Distribution Venue: Kaimundi Village. Date: 21 September 2026	Dr. Shiva Prasad Mohanty, Professor and HOD, Dravyaguna	Offline	100	

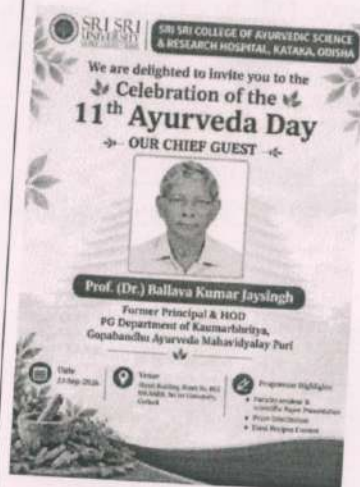
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12	11th Ayurveda Day Webinar Series – Sambhasa-5 Topic: "Nidra for Wellness, Rest, Restore and Rejuvenate." Date: 22 September 2026, Time: 11:00 AM to 12:00 PM Mode - Online	Prof. (Dr.) Meera Keshavlal Bhojani, Additional Professor, Department of Kriya Sharira, AIIMS, New Delhi	127	250	377	
		 				
13	Women's Health, Nutrition & Wellness Camp VENUE: Charicharia Village, Pathapur. Date: 22 September 2026,	Prof. Dr. Lakshmipriya Dei HOD, PTSR Department, SSCASRH, SSU		Offline	100	

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14	Free Multispeciality Health Check-up Camp VENUE: Charicharia Village, Pathapur. Date: 22 September 2026,	Prof. Dr. Rabi Narayan Tripathy MS, SSCASRH, SSU Prof. Dr. Ramakanta Acharya HOD department of Swasthavritta		Offline	100
					
15	Awareness talk on 11th Ayurveda day for school children. Date: 23 September 2026 Venue: Sri Sri Academy School Participants: 100 students	Dr. Nikhil Kaushik Assistant professor. Shalya Tantra, SSCACRH, SSU		Offline	100
					
16	11th Ayurveda day observation Faculty Seminar/Academic Presentation Series on Contemporary Ayurveda Date: 23 September 2026 Time: 12:30 PM to 5:30 PM Venue: Room No. 005, Shruti Building.	Prof. Dr. Ballava Kumar Jaysingh Former Principal &HOD, PG Department of Kaumarabhritya, Gopabandhu Ayurveda Mahavidyalaya, Puri		Offline	390

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Ayurveda Ahara – Healthy Food Recipe Contest
Date: 23 September 2026
Time: 1:30 PM onwards
Venue: Shruti Courtyard
Winners:
1st - Aditya Goswami, Ashita chandravanshi , Payal janghel
2nd - Shubhashree Mallik, Kirti Smita Sahoo
3rd - Sumit Joshi, Suvada Das

Prof. Dr. Ballava Kumar Jaysingh
Former Principal &HOD, PG Department of Kaumarabhritya, Gopabandhu Ayurveda Mahavidyalaya, Puri

Offline 31



Total

17 Events

755

2504

3259

**SRI SRI COLLEGE OF AYURVEDIC SCIENCE AND
RESEARCH HOSPITAL, KATAKA, ODISHA**

- **Details of publicity/media coverage:** Local newspapers, Prameya, Samaya, Odisha express, Samaja, Sambada, Matrubhasa, Pragativadi, DN Express, Koylanchal Sambad, Suryaprabha, Desh prana, Priya khabar, etc.

<https://www.satyasandhana.in/rastriy-ayurvedic-dibas-palan/>

<https://samridhjarkhand.com/ranchi/11th-national-ayurveda-day-ssu-ayurreader-app-875/>

<https://welovesrisriuniversity.blogspot.com/2026/09/ssu-celebrates-ayurvedas-heritage-and.html>



ଶ୍ରୀଶ୍ରୀ ବିଶ୍ୱବିଦ୍ୟାଳୟରେ ରାଷ୍ଟ୍ରୀୟ ଆୟୁର୍ବେଦ ଦିବସ



ବରଦ୍ଧା/ଶ୍ରୀକୃଷ୍ଣା, ୨୩୩୯(ନି.ପ୍ର): ବରଦ୍ଧାବିତ୍ତ ଶ୍ରଦ୍ଧା ବିବିଧବ୍ୟବସ୍ଥା ଆୟୁର୍ବେଦ
ମହାବିଦ୍ୟାଳୟ ଆନୁକୁଳମଣି ଉଷ୍ଣାୟ ଆୟୁର୍ବେଦ ବିଦ୍ୟା ପାଳି ଗୋପାଳାପା
କୁଳପତି ପ୍ରଫୁଲ୍ଲବଳ ଗୋପ ପ୍ରାୟ ଶାସ୍ତ୍ରାଳୟ ବରଦ୍ଧାବିତ୍ତ ବିଦ୍ୟାଳୟ ଶାସ୍ତ୍ର ପାଳି
ଗୋପ ଶାସ୍ତ୍ରାଳୟ ଗୋପ ବିଦ୍ୟା ଆବଶ୍ୟକ ବୋଲି ବଢ଼ିଥିଲା। ମୁଖ୍ୟଅତିଥି ଗୋପାଳାପା
ଆୟୁର୍ବେଦ ମହାବିଦ୍ୟାଳୟ ପ୍ରାନ୍ତର ପ୍ରମୁଖ ପ୍ରଫୁଲ୍ଲବଳ ବରଦ୍ଧା କୁଳପତି ଗୋପ
ବେଦାବଳୀଙ୍କୁ ମହାବିଦ୍ୟାଳୟ ବିଦ୍ୟା ପ୍ରମୁଖ ଶାସ୍ତ୍ରାଳୟ ଶାସ୍ତ୍ରାଳୟ ବରଦ୍ଧାବିତ୍ତ
ଅଧିକାରୀଙ୍କୁ ଶାସ୍ତ୍ରାଳୟ ବଢ଼ିଥିଲା। ପ୍ରମୁଖାତିଥି ମୁଖ୍ୟ ଶାସ୍ତ୍ରାଳୟ ଶାସ୍ତ୍ରାଳୟ ବରଦ୍ଧାବିତ୍ତ



11वें राष्ट्रीय आयुर्वेद दिवस पर एसएसयू ने आयुर्वेद की विरासत और वैज्ञानिक भावना का मनाया उत्सव

but not otherwise.

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(अनुवाद) यह प्रमाण प्रस्तुत करने पर यह बात साफ हो गई। उन्होंने यह दावा किया कि उन्होंने आकाशवाणी वाले पहरेदारों के पास ही १००० रुपये का एक खजाना छिपा दिया था जो उन्होंने अपने एक पुराने दोस्त के नाम पर खोलवा दिया था। उन्होंने बताया कि उन्होंने अपने दोस्त के नाम पर खोलवा दिया था जो उन्होंने अपने एक पुराने दोस्त के नाम पर खोलवा दिया था।

ଆହୁରି ମଧ୍ୟ ଏହି ସମ୍ପର୍କରେ ଅନ୍ୟାନ୍ୟ ଅନୁସନ୍ଧାନର ଆବଶ୍ୟକତା ଉପରେ ଗୁରୁତ୍ୱ ଦିଆଯାଇଛି ।



SSU Celebrates Ayurveda's Heritage and Scientific Spirit on 11th National Ayurveda Day

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- Whether data has been uploaded in the microsite: yes

Prepared by:

Dr. Preetimayee Sahoo

Nodal Officer

11th Ayurveda Day

SSCASRH, SSU

Approved by Dean:

Prof. Dr. Kshirabdhī Tanaya Routray

Dean

SSCASRH, SSU, KATAK, ODISHA

DEAN

Sri Sri College of Ayurvedic
Science and Research Hospital
Sri Sri Univeristy, Cuttack

